

5K Race and Walk

August 9th • 8:30am

Participants will receive a commemorative t-shirt, beard and finisher medal.

You'll also get a dose of some hometown history from our friends at the James A. Garfield National Historic Site.

**Event is at the James A. Garfield Home** on Mentor Avenue in Mentor

## For more information visit: http://www.lakehealthrunning.com

The Garfield Gallop	☐ <b>\$20</b> thru 8/1/20	<b>□ \$25</b> thru 8/8/20	☐ <b>\$30</b> Race Day
First Name		Last Name	
Address		Email	
City	State ZII	Age on ra	ace day
Gender: Male / Female	T-Shirt Size: YM Yl	S M L XL XXL St	art time: 8:30 AM
I accept that I compete in this event at my own risk and I hereby waive and release the event, The Garfield Gallop, and any city or village, sponsor, officer, and member of said organization, their representatives, successors, assigns, and any individuals who are in any way connected with this event from all rights and claims to any accidents, injury or loss suffered as a consequence of my participation.			
Signature			
(Parent or guardian signature required if under 18)			

Please make checks payable and send to:

Greater Cleveland XC Attn: Garfield Gallop 8791 Mentor Avenue Mentor, OH 44060







